



**For Immediate Release
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NAPO-CT to PARTICIPATE IN NATIONAL *GET ORGANIZED* MONTH, JANUARY, 2010

Wallingford, CT – Having trouble getting organized in your personal or work life? You are not alone. Although just about everyone seems to understand the benefits of being organized, it's not always easy to figure out just where to start.

Thankfully, there's *Get Organized Month* – a national event sponsored by the National Association of Professional Organizers (NAPO) each January that is designed to highlight the benefits of the association and working with NAPO's professional organizers.

With the start of 2010 just a few weeks away, many of you are thinking about your New Year's resolutions. You can use the start of a new year to think of ways in which to improve your personal and work life. Becoming more organized can help save time and money, increase productivity, enhance one's quality of life, and reduce stress. In fact, in its most recent survey, NAPO found that 96% of respondents felt that they could save at least some time each day if they were more organized at home. Ninety-one percent felt they could be more efficient at work if they were better organized. Overall, 71% indicated their quality of life would improve with more organization.

To highlight ways in which people can become more organized at home and at work, the Connecticut Chapter of NAPO will again be hosting *Get Organized Month Ask the Organizer Panels* at 12 libraries across the state and the West Hartford, CT location of California Closets. Professional Organizers will speak on a variety of organizing topics including: Time and Paperwork Management, Organizing for the Caregiver, Making New Year's Resolutions that Stick, Organizing Kids/Teens, personal photo organizing and many other topics of interest. These programs are free to the public.

"Ask the Organizer" panels will be held at the following locations:

- Canton:** Canton Public Library, 40 Dyer Avenue, 860-693-5800
Thursday, Jan. 21 7-8:30pm
Topics: Unclutter your Life & Start Living, Paperwork Management, Got Photos? How a Professional Organizer Can Help
- Cheshire:** Cheshire Public Library, 104 Main Street, 203-272-2245
Thursday, Jan. 14 7-8:30pm
Topics: Organizing Basics, Preparing for an Emergency, Organizing for the Caregiver, Get Organized for Tax Season

- Darien:** Darien Library, 1441 Post Rd., 203-655-1234
Wednesday, Jan. 27 7-8:30pm
Topics: How to Get Financially Organized, Organizing Kids and Teens, Time Management
- East Haven:** Hagaman Memorial Library, 227 Main Street, 203-468-3890
Thursday, Jan. 21 7-8:30pm
Topic: 10 Key Steps to Getting Organized
- Enfield:** Enfield Public Library, 104 Middle Road, 860-763-7550
Wednesday, Jan. 6 7-8:30pm
Topics: Unclutter Your Life & Start Living, Strategic Life Planning: Making New Year's Resolutions that Stick!
- Farmington:** Farmington Public Library, 6 Monteith Drive, 860-673-6791
Wednesday, Jan. 20 7-8:30pm
Topics: Get Organized for Tax Season, Got Photos? How a Professional Organizer Can Help, Paperwork Management, Managing Time
- Greenwich:** Greenwich Library (Cos Cob Branch), 5 Sinawoy Avenue, 203-622-6883
Monday, January 4 7-8:30pm
Topics: Time Management, Organizing Kids and Teens and Getting Financially Organized
- Mansfield:** Mansfield Library, 54 Warrenville Road, 860-423-2501
Wednesday, Jan. 27 7-8:30pm
Topics: Unclutter Your Life & Start Living, Strategic Life Planning: Making New Year's Resolutions that Stick!
- Meriden:** Meriden Public Library, 105 Miller Street, 203-630-6349
Monday, Jan. 11 6:30-8pm
Topics: Organizing Basics, Got Photos? How a Professional Organizer Can Help, Organizing for the Caregiver
- New London:** New London Public Library, 63 Huntington Street, 860-447-1411
Tuesday, January 5, 7-8:30pm
Topics: Organizing for the Caregiver and 10 Key Steps for Getting Organized.
- Rocky Hill:** Cora J. Belden Library, 33 Church Street, 860-258-7621
Monday, Jan. 11 7-8:30pm
Topic: Get Control of Your Paperwork before it Controls You! 10 Key Steps to Getting Organized
- W. Hartford:** California Closets, 997 Farmington Avenue, 860-733-6740
Wednesday, Jan. 13 7-8:30pm
Topics: Strategic Life Planning: Making New Year's Resolutions that Stick, Get Control of Your Paperwork before it Controls You! Got Photos? How a Professional Organizer Can Help
- Woodbridge:** Woodbridge Town Library, 10 Newton Road, 203-389-3433
Tuesday, Jan. 19 7-8:30pm
Topics: Do you want a Professional Organizer or a Housekeeper? Understanding the Differences, 10 Key Steps to Getting Organized

To locate one of NAPO-CT's professional organizers in your area, you can use NAPO's free, online automated directory, searchable by zip code, country and organizing service at www.napoct.com.

About NAPO: The premier national association dedicated to the field of organizing, the National Association of Professional Organizers (NAPO) is The Organizing Authority®. Since forming in 1985 as a nonprofit professional educational association, NAPO has grown to nearly 4,200 members. NAPO is dedicated to serving its members through education, networking, industry resources, and promoting the profession to the public. For more information about NAPO and *Get Organized Month*, visit www.napo.net or call NAPO at 856-380-6828.

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